



-THE WRAP-

THANKS FOR PUTTING YOUR FOOT IN IT!



On Saturday 12 November the little town of Bundanoon in the Southern Highlands of NSW underwent its annual transformation into a buzzing event centre; welcoming a host of enthusiasts to what was a weekend of offroad goodness – a big part of this being the second running of our Pearl iZUMi Bundy Run trail run to which we welcomed some 260 runners together with their families, friends and support crews. And, joined by around 1000 riders, pouring into town for the following day's Highland Fling mountain bike marathon, town was a great place to be.

After the forecast early morning downpour (just about the perfect amount to damp down any dusty trails pre-racing) Saturday turned on stunning blue skies and sunshine. We'll admit to watching the skies during the day, waiting for any dark clouds to gather for the anticipated afternoon storm, but thankfully, none appeared and we were set to provide a fantastic race route, this year with the promised incredible views, actually viewable.

We had a great time wandering around, chatting to everyone who was around town enjoying the vibe, hanging out in café's, picking up their free pair of running socks from Pearl iZUMi, a GU Gel from Lloydie at GU Energy, or grabbing a bargain at the sponsor expo in the hall.

Soon enough however, it was back to the more serious business of racing and runners were making their way to the startline to listen to the pre-race briefing, undertake a bit of dynamic stretching and start focusing on the task at hand – or foot.



The Race Route

After some great feedback from the inaugural trail run, there weren't any changes made to the course for the second running of this race – those who raced it in 2015 were eagerly advising new runners.

Also as in 2015 the Pearl iZUMi Bundy Run offered trail runners three race distances to choose from. Junior runners, or those new to trail running had the chance to dip their toe in with The Teaser (6km), in itself a beautiful run, whilst more experienced runners could challenge themselves across the Quarter Marthon (10.5km) or Half Marathon (21km) which took in a small interchange section before sending runners out onto the loop to take in the incredible course for a second time – knowing exactly what they were in for...a good thing for some, but perhaps less so for others.



This year's race started a little differently to the first one, but the distance waves worked well, making the startline and first singletracks less congested.

Our Member of Parliament, and a good friend of Wild Horizons, Pru Goward did the countdown after chatting to riders and committing to run The Teaser next year. As runners streamed out of the school and made their way down the infamous Constitution Hill, spectators lining the street cheered them on until they turned down the first dirt path and started making their way toward the beautiful Morton National Park, where we knew they would be greeted with a challenging but amazing trail run.

THE TEASER



Our 6km route meant that there really wasn't much down time between the starts and the first finishers. Inbetween time, spectators were kept entertained by the Bundanoon Dash, a fast and furious mountain bike race around the town that saw the winners storming back up Constitution Hill in around the 10 minute mark. Fast legs! And the Battle of the Businesses, which provided a parade of local businesses, whose riders were dressed

to represent their wares – did you spot our local coffee shop, newsagency and deli?

Spectators and supporters then had just a few minutes to sit back and relax on their picnic blankets under the trees to await the return of the first runners.



They didn't have to wait long before Nelson Santos come flying through the finishing arch in a time of 00:29:32, clearly ensuring he was on time and prepared for the influx of runners who would soon be lining up for his massage table in the hall! Damien Cahill took second in 00:30:23 and Bentley Walker-Broose was third in 00:31:31.

In the women's race Claire Raynor flew home in 00:30:58 (third overall) with a comfortable gap over Carmen Jeffery in 00:37:36 and Melissa Brotherson-Clark in 00:39:15.

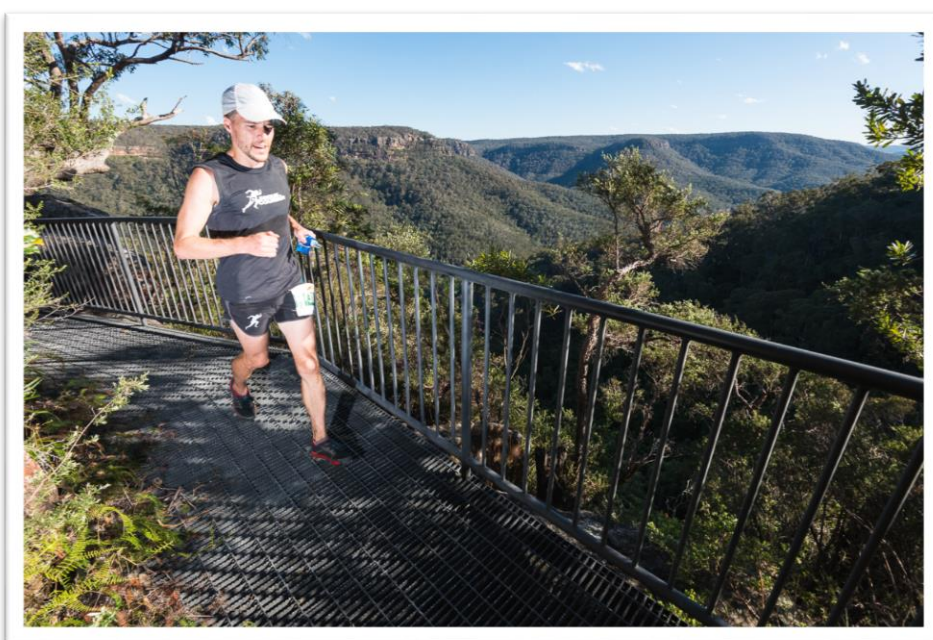
Full race results can be found on our www.wildhorizons.com.au website along with photos.

THE QUARTER MARATHON



The Quarter Marathon saw trail runners take on a more technical course; and we're hoping after the 2015 mist obscuring the view, there were a few more gasps of delight with this year's clear skies showing off the reason we started this run in the first place. In fact runners might have even picked up on our sign of Podium or Picture? – because we're pretty sure there would have been more than a few runners stopping for a quick shot on their smart phone – smart people! Certainly lots of

comments from runners who enjoyed some of the pictures placed on the course, drawn by some of our local schoolkids.



In the men's race Kurt Warn took first place in a time of 00:58:22, coming across the line smiling at the incredible views that were in his words "unlike anywhere else I've run". Second was James Mason in a time of 00:59:37 and third Jacob Grooby 01:01:04.

New to trail running, Olivia Stutchbury, who was introduced to the sport by her partner Kurt Warn (yep, winner of the men's Quarter Marathon) took out the women's race in a time of 1:09:58, saying it was ridiculously hard but the nicest run she'd done! She was followed by Mel Sidney in a time of 1:11:24 in second and Ariane Desbiens with a 1:12:33 in third.

Full race results can be found on our www.wildhorizons.com.au website along with photos.



HALF MARATHON



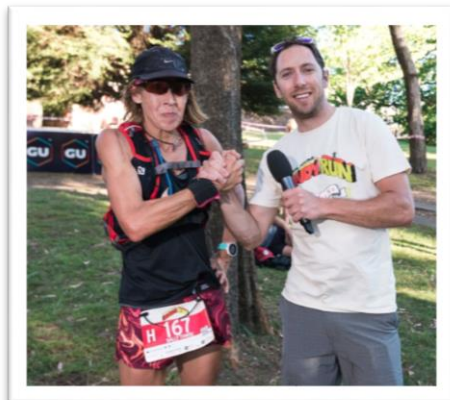
Twice as much fun as the Quarter Marathon, right?!

It certainly looked that way when Russell Dessaix-Chin came through his first lap, sprinting up the hill, through the event centre, and heading out onto his second lap before most of us realised he was there.

We'd have to wait another whole 10.5km before we could hear what he thought about the race, and even then, he made MC Chops chase him around the event centre for comment, making his Half Marathon really look like it had been a walk in the park, Morton National Park.



His finishing time was 1:47:21 and he declared the course one of the toughest he'd done, even having raced around the world. We'll definitely take that as a compliment. In second was Rhett Gibson in a time of 1:57:31 and in third Jeremy Fowler in 2:00:44.



The women's race leader, and ultimate winner, Sally Towse looked equally impressive, finishing the course in a time of 2:14:08. She was followed in second by Shannon Jones in a time of 2:16:18 and third went to Sarah Carpenter in 2:21:29.

Whilst these front runners made it look easy; it would take the rest of the afternoon watching



a stream of runners crossing the finishing line after running their own race...some were euphoric, some completely wiped out, but we're pretty sure we didn't speak to anyone (after they'd had the chance to catch their breath of course) who didn't love the course, the views and the vibe.

Full race results can be found on our www.wildhorizons.com.au website along with photos.

AFTER THE RACING



One of the hits of the inaugural race was the included post-race dinner (a fundraiser for Bundanoon School P&C) and presentation of winners in the local Bundanoon Hall.



Added onto this in 2016 was the inclusion of a finishing 4 Pines Beer to go with dinner!

It was great to have the opportunity to sit and chat with runners after the racing was done, hear about the experience, share funny stories, and just generally get your feedback. One story that came around and around was a large diamond python blocking the trail at one point near the Amphitheatre. Whilst non venomous, many runners were not to know this. Indeed 2 runners turned tail and climbed back up to the nearest marshal point. One of our fine RFS marshals left his post and went down the trail and removed the python. The ladies then happily ran on past!

We did hear that a small number of runners who arrived to dinner a little later in the evening were met with only some salad and Sticky Date Pudding, instead of a full meal. We wanted to apologise for this, a result of a miscommunication. We appreciate after a run like that you need more fuel to put back into the tank, so once again accept our apologies.

There's a few we need to **THANK!**

Events like the Pearl iZUMi Bundy Run cannot happen without the support of an incredible amount of people – including our Sponsors, local landowners, the general community and community groups, our Dark Side team and more. We'd like to take this opportunity to thank them.

We were thrilled to welcome back our Headline Sponsor Pearl iZUMi, who were on board from the concept of this event! They were again on hand to give all runners a pair of Pearl iZUMi socks as a thanks for joining us and give everyone the chance to try out their latest trail shoes. Sadly, just as Pearl iZUMi were making inroads into the Australian trail running market, their parent company in the US announced a few months ago they were pulling out of the run market. Thanks for your support in helping us get the Bundy Run off the ground guys.

Joining Pearl iZUMi this year were Major Sponsors GU Energy, ensuring runners were adequately fueled, 4 Pines Brewery supplying the well-earned post-race beer reward, and Westside Petroleum, also helping us make it happen.

Other prize supporters included Solar Springs Retreat and The Bundanoon Country Inn. A big congratulations to Theresa Love who won first prize in our entry draw – a 2 night package for 2 people at Solar Springs valued at over \$1400.

Speaking of Solar Springs Retreat, we'd also like to extend thanks for the use of your property for our Half Marathoners and ditto to the owners of Cairn Hill property



The local community supports this event incredibly. Thanks to the Bundanoon Public School for creating an amazing meal, and the kid's for creating our new Bundy Run signage! The local Rural Fire Service brigades of the Southern Highlands who have marshals on course, the local National Parks and Wildlife Services and our local State Member of Parliament Pru Goward for saying a few words at the start line, and who

we hope will be joining us in 2017 as a participant too (no backing out now!).



Gilbert Romane from GiRoPhoto, Roy Meuronen and Marathon-Photos were behind the lens taking some amazing shots of everyone. Have you picked up some of yourself? If not, you can get them [here](#). Steve Martin from Precision Timing for tracking you all, The String Family for keeping you all entertained and inspired to go on, Nelson Santos Massage Therapy for making sure you could make it home, MC Chops and Mr. Norris who can finally speak again after two days of solid non-stop talking...



And of course final thanks goes to the Dark Side – our energetic crew who spend days putting out arrows, arranging rego packs, sorting prizes, building event centres, answering queries, marshaling courses and cheering you on (amongst probably a billion or so other little and big things).



Save the date

Because we know you're already planning your 2017 calendar, just a reminder that the 2017 Bundy Run is on Saturday 11 November.

Can't wait to see you there...and in the meantime, have a great year of running! We might even bump into you on the Morton National Park trails.

Contact

We always love to hear from you. If you'd like to get in touch, find out more about Wild Horizons and our events, you can:

Email us at info@wildhorizons.com.au

Visit us at www.wildhorizons.com.au

Connect with us on [FACEBOOK](#) | [INSTAGRAM](#) | [TWITTER](#)



FEED THE RAT SOME MORE...



Need something to keep your training on track after the Pearl iZUMi Bundy Run – or maybe kick-start it again after the Christmas and New Year break?

Here's a great event from our good friends at Tour de Trails that's being held in March in Tassie – race and getaway – sounds pretty good to us. You can check out the flyer below or jump onto the website [here](http://www.tassietrailfest.com.au).

TASSIE TRAIL FEST
DERBY TASMANIA

**3-DAY FESTIVAL
OF TRAIL RUNNING**
presented by
saucony

11,12,13 MARCH 2017

SATURDAY: 44km, 21km, 6km, 2km kids FREE
SUNDAY: 21km, 14km day & night, 6km, 2km kids FREE
MONDAY: 2km TIME TRIAL DASH FOR CASH \$250!
PLUS: TRAILS IN MOTION FILM FESTIVAL
PLUS: SEMINARS, LIVE MUSIC, CRAFT BREWER
MTB TRAILS OPEN IN AFTERNOON

WWW.TASSIETRAILFEST.COM.AU

Logos at the bottom: CORSET, I/O Merino, ULTRAIN, FIND YOUR FEET, Black Diamond, S.O.S.

