

THE 3 RING CIRCUS



SATURDAY 22 AUGUST 2009

WINGELLO STATE FOREST, SOUTHERN HIGHLANDS, NSW

ENTRIES OPEN 7 JULY

Roll up, Roll up, Roll up! Bring bikes, bring the family to the Big Top on Saturday 22 August. See wild trails tamed, be charmed by the snaking singletrack, watch OTB acrobatics and riders juggling speed and stamina.....Fairy floss will flow, handlebars may be swallowed.

THE 3 RING CIRCUS IS COMING TO TOWN

The 3 Ring Circus is a new MTB enduro event where solo performers or a relay team of two or three will ride a 50km circuit taking in three loops of the MTB trails in Wingello State Forest - Blue (approx. 6km), Red (approx. 25km), and Yellow (approx. 19km).

The 3 Ring Circus offers something for everyone - singletrack for the experienced, climbs for the fit, and scenic forest roads for the novice. Perform solo and challenge yourself over 50km or do it as a team and enjoy a great day out on the beautiful Wingello trails.

For more information, see www.wildhorizons.com.au
email ringmaster@wildhorizons.com.au or call (02) 4883 6509

ROUTE DESCRIPTION

All loops pass through the Big Top event centre located at the Wingello Forest Trailhead.

GRANNY GEAR - BLUE RING

6km of fast firetrail will separate the speedsters from the rose sniffers and allows riders to find their legs. There won't be a lot of granny gear on the Granny Gear loop.

BIG DOG - RED RING

Big Dog is approx 25km long. It traverses several gullies and includes one or two climbs (including the infamous "The Wall"!) and 13km of sweet, flowing singletrack. All this in beautiful native forest. 3 Ring Circus performers will want to go hard here – it's hard not to ride with a big grin on the face. However enthusiasm will be tempered by the knowledge that still to come is.....

SPINNER LOOP - YELLOW RING

Back to the Big Top and a last chance to grab some food and drink and some encouragement from the crowd. The 19km Spinner Loop (Ed – Look, why should Middle Ring not have a decent descriptive name like its neighbours. Henceforth to be known as Spinner) will test legs and lungs as it takes performers through some deep gullies and steady climbs. The bonus is that you'll head through some mixed forests and open farmland on firetrails and dirt roads, with the end of the performance ever closer. A fast finish back to the Big Top and no requirement for an encore. Crowds cheer, performers bow; The 3 Ring Circus is over.

ABOUT WINGELLO STATE FOREST

Only 2 hours from Sydney and 15 mins off the Hume Highway, Wingello SF abuts the vast Morton National Park and sits at the southern end of the beautiful Southern Highlands region. A mix of native and pine forest with plenty of riding opportunities. Tiny Wingello village is only minutes away and Bundanoon, with a full range of accommodation, shops, cafes, etc. is only 20mins away. Ye Olde Bicycle Shoppe, our café and bike business, is located in Bundanoon.

MTB TRAILS OF THE SOUTHERN HIGHLANDS MAP

This superb 1:25,000 scale map shows all the tracks in the southern part of the Southern Highlands along with information on riding in the area. Wingello and Penrose State Forests are included on the map. Wingello State Forest shows the purpose built singletrack (currently 14km) along with over 50km of waymarked trails in the forest – these are the trails which will be used for The 3 Ring Circus. The map also shows the route taken by the 2008 Highland Fling MTB Marathon race. See www.wildhorizons.com.au/gear/mapgear.html to purchase the 2008 edition.

DRAFT SCHEDULE

Friday 21 August		
7.00 - 9.00 pm	Registration	Ye Olde Bicycle Shoppe, Bundanoon
Saturday 22 August		
7.00 - 9.30 am	Registration	Big Top Event Centre, Wingello State Forest
9.30 am	Rider Briefing	Big Top Event Centre
10.00 am	Event Start	Big Top Event Centre
7.30 am onwards	Food & Drink	Big Top Event Centre
	Mechanic Service	Big Top Event Centre
Approx 2 pm	Presentation	Big Top Event Centre

TRANSITION

To complete each loop, performers will pass through a central Transition Area which will time each Ring and the total time for the performance. Timing will involve transponders.

CATERING

Breakfast and lunch will be available as well as the all important coffee van. Additionally there will be race foods and drink available for sale

WATER & DRINKS STATION

This will be set up at the Big Top area for performers to fill up both before the event and also between 'Rings'

JOIN THE DARK SIDE

As with any circus, The 3 Ring needs plenty of backstage assistance. If you are unable to compete but want to join the Dark Side, then we'd love to hear from you. Volunteers receive food and drink throughout the event. If you can help then contact us by phone (02 4883 6509) or fill in the online volunteer form at www.wildhorizons.com.au/events/volunteerform_3rc.html

CATEGORIES

Minimum age for a solo competitor is 16. Minimum age for a team of two or three performers is 12 (Granny Ring), 14 (Spinner and Big Dog Rings)

A category will only be formed with a minimum of 4 riders or teams.

Solo: Open Male 18 - 39, Open Female 18 - 39, Masters Male 40-49, Masters Female 40-49, Supermasters Male 50+, Supermasters Female 50+

Team of Two: Male, Female, Mixed

Team of Three: Junior (All 3 riders must be under 18), Male, Female, Mixed Family (Must be at least 1 woman and 1 Junior under 18 in each team. Must be made up of a combination of father/mother/sons/daughters from same family.)

ENTRIES OPEN ON 7 JULY.

Entry fees: Solo Rider: \$75, Team of Two: \$95, Team of Three: \$95

Your entry fee includes a professionally organized event, contributions to local community and charitable causes, forest user fees, giveaways for every rider and a chance to take home some great prizes

Insurance: Wild Horizons is covered by its own public liability insurance. You do not need to be a member of MTBA, Cycling Australia or have a day licence to compete in the event. You are responsible for your own Personal Injury Insurance and Ambulance Cover.

Cancellations and Changes to Entries: Entry cancellations can be made up to midnight on Monday 17 August when a refund (less 20% administration fee) will be made. Any cancellations after that date will not be considered for a refund. Should the event have to be cancelled for any reason, we would endeavour to reschedule the event. Should you be unable to attend this rescheduled event, you would receive 50% of your entry fee. Should cancellation of the event be outside our control and is unable to be rescheduled, entry fees are non-refundable.

Changes to entries (eg solo to team entry, category change) may be made up until 8pm on Wednesday 19 August. Please note that no changes can be made to your entry details after this time.

Cancellations and changes to entries can either be made via the online entry system or by email to entries@wildhorizons.com.au. If a refund is required, you will need to provide your credit card details as they are not kept on file.

ACCOMMODATION

There are many accommodation options close to Wingello with heaps to choose from in nearby Bundanoon. See www.wildhorizons.com.au/highlandfling/accommodation.html for more information.

Camping: Free camping is available at Wingello State Forest and there will be marshals and signage on site on Friday 21 August to guide you to event camping and parking areas. If you wish to arrive and set up camp on the Friday, you're welcome to do so however please do not set up your camp area in the centre of the Wingello Forest Camp (within 50 metres of the building), as you will be asked to move! Toilets and tank water are available at Wingello Forest Camp.

In Bundanoon, Morton National Park has a small camping area with water and hot showers for which bookings are essential – contact the Fitzroy Falls Visitor Centre on 02 4887 7270.

